

Everyone deserves a chance to celebrate the holiday season with their family.

PLEASE CONSIDER ADOPTING A FAMILY THIS CHRISTMAS!

During the season of giving, you can provide families in need with food baskets, gifts, clothing and much more!

You may adopt a family by creating your own basket or purchase a food basket for approximately \$30.00, which includes turkey, stuffing, vegetables, and starch. You may also donate items for food baskets.



If you are interested in donating groceries for LifeStyles' Holiday Baskets please consider the list below:

CANNED GOODS

Condensed Milk
Cranberry Sauce
Fruit

(i.e., fruit cocktail, apples, peaches, pears, applesauce)

Gravy
Seasonings/Spices
Sweet Potatoes
Vegetables

(i.e., peas, carrots, green beans, corn, dry beans)

MEATS

Turkey
Chicken
Ham

DESSERTS

Brownie or Cake Mix
Pie Crusts/Fruit Filing
Cake Icing
Cookies

BOXED GOODS

Dried Goods
(i.e., cornbread mix, flour, sugar)

Macaroni & Cheese
Mashed Potatoes
Rice
Stuffing
Pasta/Noodles

To Adopt a Family please visit our website at www.lifestylesofmd.org

Contact Jakia Ball at:
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